Oct 17, 2023

* Worked on Science Fair Proposal and brainstormed ideas

Oct 19, 2023

* Brainstormed more ideas, came up with memory intent and how it affects memory
* This idea was approved by Mr.Wetsch
* At home I worked on the proposal, came up with the variables and defined, explained and justified them

Oct 20, 2023

* At school, I worked on the proposal, and created the hypothesis
* Created the Preliminary questions survey <https://docs.google.com/forms/d/1a3eXeNi-YerUgHiDRWHDLKELLDU_8rbjhSL4OyCmWJc/edit>

Oct 21, 2023

* Continued working on the proposal, did research on memory consolidation/reconsolidation, and created the procedure
* Filled out the safety considerations
* Filled out Other Things to Consider

Oct 22, 2023

* Created list of materials needed, and wrote my background research
* Finished the proposal

Nov 3, 2023

* Received ethics and due care as well as risk forms

Nov 5, 2023

* Received proposal feedback and grade

Nov 6, 2023

* Worked on proposal and all areas that were commented on, improved it and refined it (Hypothesis, procedure, manipulated and responding variables)
* Finished the rubrics and form for prep
* Created and finished folders for this project
* Transferred written logbook onto this document

Nov 28, 2023

* Added details to CYSF
* Ethics and Due Care + Significant risk
* Hypothesis
* Question

Dec 6, 2023

* Got volunteers and gave forms to those who need them the most
* Finally was able to get final copy and approval

Dec 7, 2023

* Printed the copies of the Informed Consent
* One person returned their form

Dec 11, 2023

* Five people returned forms
* Tested two people
* Planned the next test
* Multiple people filled preliminary forms
* More data acquired

Dec. 17, 2023

* Too many people were not showing up, changed procedure to accommodate

Jan 12, 2024

* Gave out more forms to other people to increase sample size
* Worked on HUM research project (for SF)

Jan 13, 2024

* Worked on HUM research project (for SF)

Jan 14, 2024,

* Worked on HUM research project (for SF)

Jan 15, 2024

* Got some forms back
* Started creating a presentation and formatted information for printing
* Worked on HUM research project (for SF)

Jan 17, 2024

* Continued working on creating my presentation
* Unfortunately due to other causes, wasn’t able to do testing
* <https://docs.google.com/document/d/1iAwjNRqdQ3HDrDsXWVs2qEAfXKhAaJN9MRPUHXvWo8E/edit> <https://docs.google.com/presentation/d/1yLsR3HapJCSeiS7W399cNRAfgpbZO9HuFvnJiK-WM6A/edit#slide=id.p>

Jan 19, 2024

* Again continued to work on formatting and presentation

Jan 22, 2024

* Tested 5 individuals
* continued working on formatting, changing some information and presentation
* Organized work and added all necessary folders and files
* Collected data

Jan 29, 2024

- Tested 3 individuals

Jan 30, 2024

* Made graphs with data
* Tested 1 individual
* Began formatting and completing the printing info
* Finished first draft of analysis, conclusion and extension

Feb 1, 2024

* Completed tri-fold
* Printed all materials
* Finished all extension, conclusion and analysis touch-ups
* Completed science fair info